

Week 20

T-6.II Projection and Separation

Separation/God —> Projection —> Separation/Others

1. Separate from God - mind splits in two - love/hate
2. Judge the destructive/hateful side of mind, the side that chose to separate
3. Reject the destructive/hateful side by projecting it onto others
4. Judge others - see in them the ugliness we judge in ourselves
5. Judgement —> Reject/attack others —> Separation from others



The Holy Spirit's Alternative —> Extension

1. Holy Spirit perceives you as perfect
2. Realize perfection is shared
3. Extend this perception to our brothers, seeing them as perfect
4. This strengthens the awareness of perfection in both
5. Love each other —> Inclusion —> Recognize unity/oneness

Week 20

T-6.III Everything Meets in God

- **Knowledge** - mode of awareness in Heaven
- **Perception** - mode of awareness in this world
- Holy Spirit's perception parallels God's knowledge
- By aligning our perception with the Holy Spirit's, we will ultimately meet and align with God's knowledge
- Parallel lines meet in infinity...Everything meets in God



How do we do this?

- By seeing everyone as...
 - Perfectly equal
 - Perfectly united in self and with each other
 - Perfectly whole
 - Being perfection
- By seeing the Holy Spirit in own mind and in every mind

Ego projects to exclude; Holy Spirit extends by recognizing Himself in every mind, thus perceiving all as one and establishing total inclusion

Holy Spirit's Perception

God's Knowledge



Week 20

T-6.IV Teach Only Love

Teach only love, and learn that love is yours and *you* are love.

- We learn what we are from what we teach
- We know ourselves by what comes out of us - what we project or extend we believe (5:3)
- If love is your effect, then love must be the nature of the cause, the nature of *you*
- If you see anger, judgment, criticism, and mean-spiritedness come out of you, what will you conclude about yourself?
- If you saw only love come out of you, what would that reveal about yourself?
- Solution (to low self-esteem, self-judgment) is to teach and learn only from the Holy Spirit

Your only real safety lies in extending *only* the Holy Spirit, because as you see His gentleness in others, your own mind perceives itself as totally harmless.

Week 20

T-6.V The Answer to All Questions

- Ego raised the first question, which was the beginning of doubt - "What are you?"
- Ego can never answer this question. In fact, it obscures the question with other questions and activities because "*you have the answer, and the ego is **afraid of you.***"
- "*The Holy Spirit does not speak first, but He **always** answers.*"
- Ego can't hear Holy Spirit, but it does have a sense that part of the mind that made it (ego) is against it, so it attacks its maker
- Believing the mind is against it, ego turns to the body as an ally, since the body is not part of you - ego persuades the mind (that is real) that the body (which is not real and only a learning device) is more real than the mind
- The one answer to all the questions the ego raises (8): "*You are a child of God, a priceless part of His Kingdom, which He created as part of Him. Nothing else exists, and only this is real.*"

Week 20

T-6.VI The Call to Awake

- Why doesn't God just step in and wake us up?
- *"This would demonstrate that the perfect are inadequate to bring themselves to the awareness of their perfection, and thus side with the belief that those who have everything need help and are therefore helpless."* (3:3)
- In the separation, we didn't lose our perfection, we simply chose to cut off communication. If we are perfect, we are adequate to bring ourselves to the awareness of our perfection
- God did not block out the ego's voice, because that would be to attack it. Instead, He just gave the Answer
- The Holy Spirit never commands, because *"to command is to assume inequality, which the Holy Spirit demonstrates does not exist."* (4:4)
- We have a Guide, a gentle Teacher (Holy Spirit) who guides us from sleep into awakening, and we have a model in Jesus; however, we are in command of the process.
- We have the power of choice to bring ourselves back to the awareness of our perfection by developing our abilities so that we can call on the light in the midst of our bad dreams (8)
- *"The Holy Spirit makes no distinction among dreams. He merely shines them away. His light is always the call to awake, **whatever** you may have been dreaming"* (11:1-3)